

**CVHS NHS Hours Sheet**

**Name:** \_\_\_\_\_

Total Number of Hours: \_\_\_\_\_

\*circle one: Fall Spring Summer

→ **Inside Hours** (8 minimum)

**Total:** \_\_\_\_\_

<i>Date</i>	<i>Activity</i>	<i># of Hours</i>	<i>Signature &amp; *Phone #</i>

*\*ADULT, verifying phone numbers only.*

→ **Outside Hours** (7 min, 2 hrs max from donations)

**Total:** \_\_\_\_\_
